



## Exercise equipment



Quadriceps bench and  
different kinds of  
exercise equipment  
for the professional



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# Exercise materials

- 1 3446396 Exercise stairs, right angled version, 138x127x110 cm
- 2 3446189 Exercise stool, height 65 cm
- CE 3 3446257 Parallel bars, 4 meter
- 4 3446437 Shoulder wheel Type I



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2



3

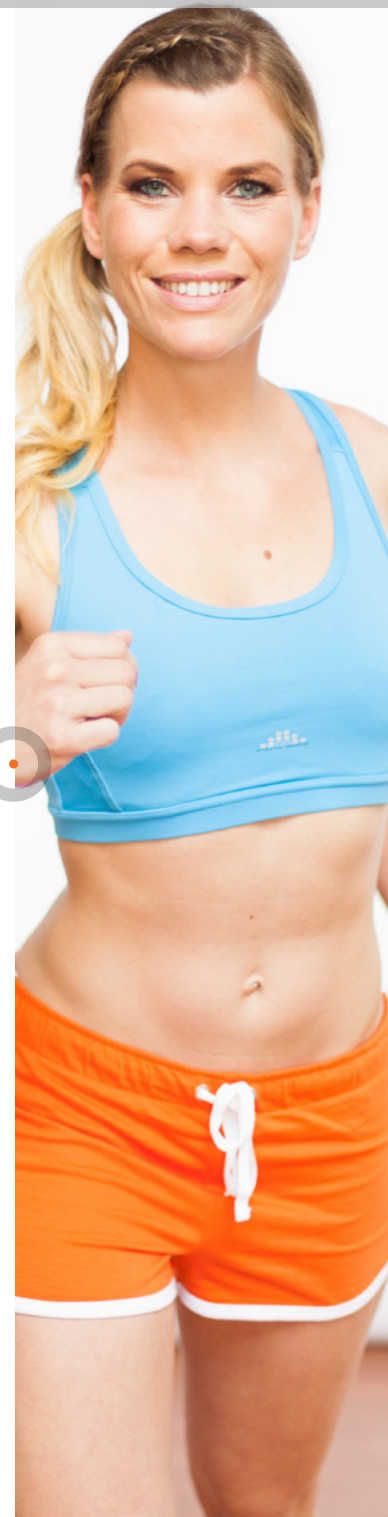


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# Exercise materials

- 1 3446375 Wall bars with removable headsection
- 2 3446450 Knee support for wall bars 3446375
- 3 3446483 Wall bars, simple model
- 4 3446311 Correction mirror, metal frame, on wheels, 168x60 cm
- 5 3446383 Swedish bench, 200 cm



# Exercise materials

- 1 1469911 Exercise top, Ø 50 cm, maximum 90 kg
- 2 3446151 Physioball, Ø 85 mm, red
- 3 3446152 Physioball, Ø 95 mm, blue
- 4 3446211 Ball pump
- 5 3446233 Dumb-bell, 1 kg, set of 2
- 6 3446234 Dumb-bell, 2 kg, set of 2
- 7 3446235 Dumb-bell, 3 kg, set of 2
- 8 3446236 Dumb-bell, 4 kg, set of 2
- 9 3446237 Dumb-bell, 5 kg, set of 2
- 10 3447617 Wristlet 3,5 kg
- 11 3447618 Wristlet 5,0 kg
- 12 3447656 Wristlet 0,5 kg
- 13 3447657 Wristlet 1,0 kg
- 14 3447658 Wristlet 2,0 kg
- 15 3447659 Wristlet 3,0 kg



1



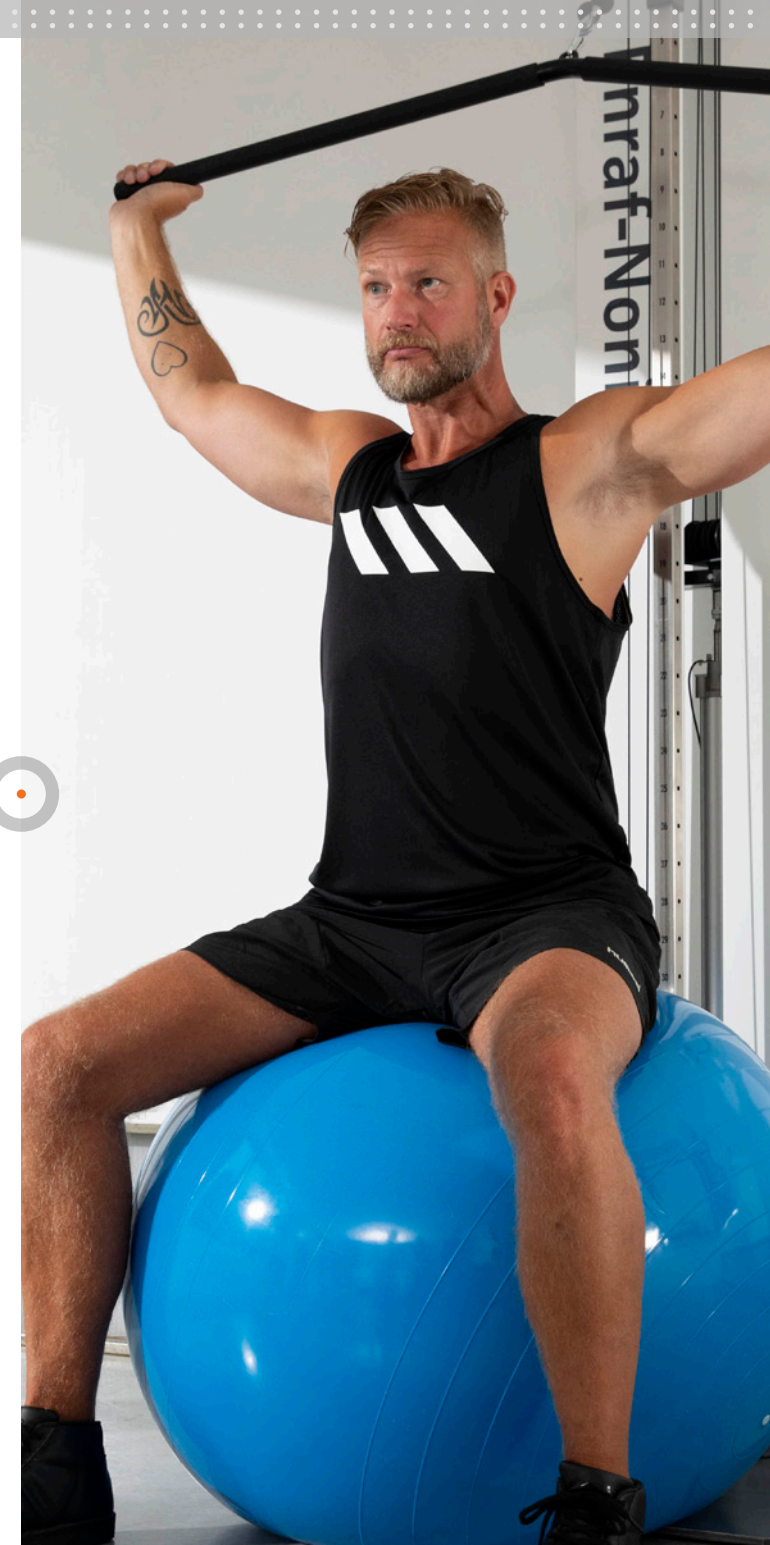
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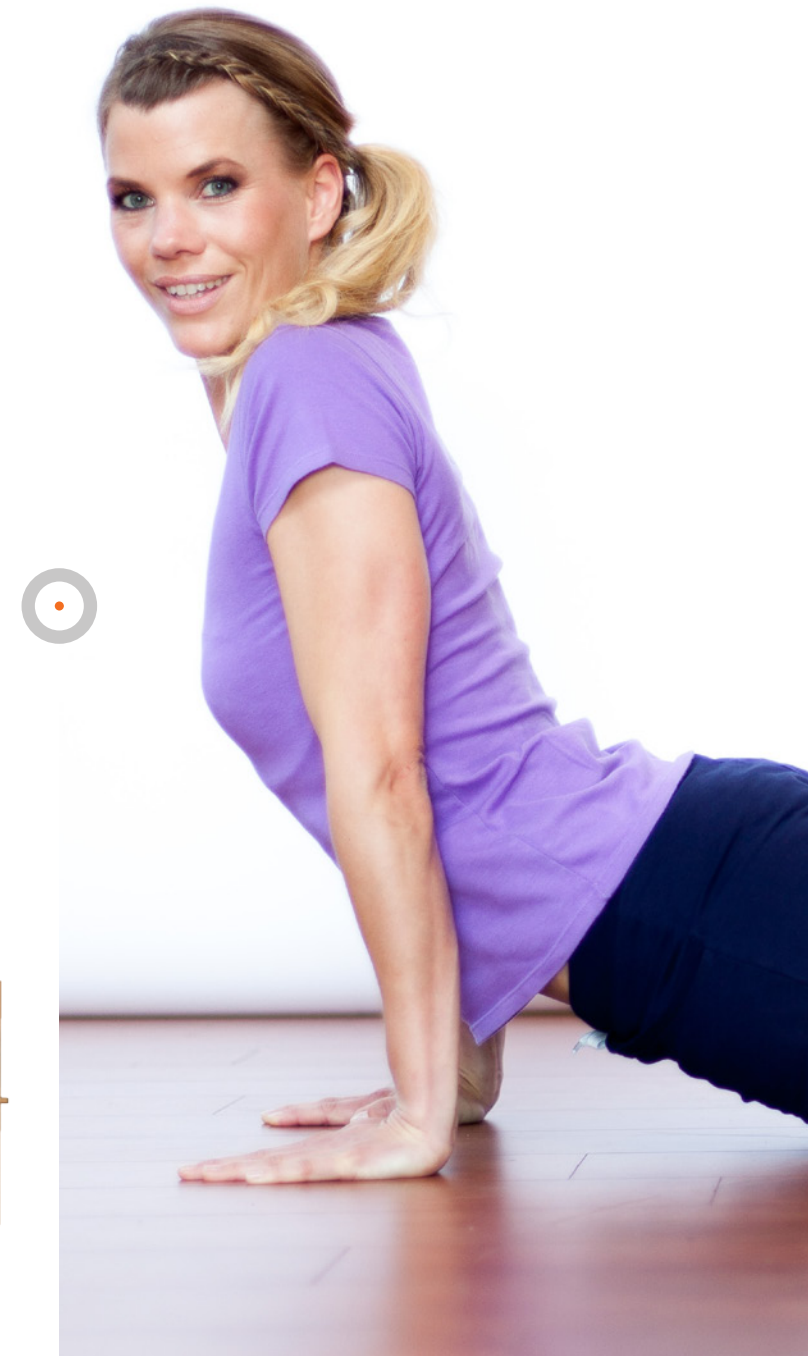


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# Exercise materials

- 1 3446273 Airex 'Corona' 185x100x1,5 cm, red
- 2 3446397 Airex 'Coronella' 185x60x1,5 cm, red
- 3 3446174 Airex 'Hercules' 200x100x2,5 cm, green
- 4 1441900 Wristroller, with adjustable resistance
- 5 3446251 Storage rack (without materials)
- 6 3446215 Wooden block, 10x6x4 cm
- 7 3446216 Wooden block, 20x10x5 cm
- 8 3446245 Club, original design
- 9 3446332 Exercise stick, wood, 100 cm
- 10 3446204 Medicine ball, leather, 1,5 kg
- 11 3446205 Medicine ball, leather, 2 kg
- 12 3446206 Medicine ball, leather, 3 kg



# Exercise materials

- 1 3446576 Eggscizer extra soft orange
- 2 3446577 Eggscizer soft green
- 3 3446578 Eggscizer medium blue
- 4 3446579 Eggscizer strong purple
  
- 5 3446776 Rep exercise band level 1 peach 5,5 m
- 6 3446777 Rep exercise band level 2 orange 5,5 m
- 7 3446778 Rep exercise band level 3 green 5,5 m



- 8 3446779 Rep exercise band level 4 blue 5,5 m
- 9 3446780 Rep exercise band level 5 purple 5,5 m
- 10 3446781 Rep exercise band level 1 peach 45 m
- 11 3446782 Rep exercise band level 2 orange 45 m
- 12 3446783 Rep exercise band level 3 green 45 m
- 13 3446784 Rep exercise band level 4 blue 45 m
- 14 3446785 Rep exercise band level 5 purple 45 m
- 15 3446786 Dispenser for 5 rolls



# Quadriceps Bench

## 3446188 Quadriceps Bench

The Quadriceps Bench is a functional muscle exerciser, allowing a large number of exercises to be performed within minimum floor surface. The bench enables exercises in a sitting position (for instance knee stretching) as well as exercises in a reclining position (for instance knee flexion and hip stretching). The adjustment of the seat and back, provides a comfortable and stable position.

### Standard accessories

1400740 Operating manual Quadriceps exercise bench

### Optional accessories

3446197 Additional swinging arm

3445023 Strap with back-to-back fastening, 120 cm



3446197



3445023





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